

Preschool Distance-Learning Choice Board: March 31st-April 2nd, 2020

- Each preschool day, choose one activity to complete under each domain of development (Social, Mathematics, Language/Literacy, Motor)
- Place a check on the activities once completed

Social/Emotional	Mathematics
Student will draw a picture of themselves, showing how they feel. Have them tell the caregiver why they feel that way.	Caregiver writes numbers on small squares of paper from 0-10. Mix them up and have student put them in order from 0-10.
Caregiver and student will play a board game or a card game.	Caregiver will mix up a pile of socks, then have student match pairs.
Caregiver and student will take turns making different emotions with their face, and labeling the emotion.	Caregiver and student will work together to collect several objects from around the home or outside. Student will line them up in order from shortest to longest. (You could use stuffed animals, toys, sticks, etc.)
Student will show caregiver how to calm their body down when they are frustrated/mad.	Caregiver and student will go on a shape hunt throughout the house together. Work on finding different shapes and talking about how many sides and corners each shape has.
Student will draw a picture of something they like to do and send it to a friend or a family member, either by email or regular mail.	Student makes shapes or numbers with objects from around their home and tells their caregiver which number/shape they made. (You could use popsicle sticks, tooth picks, strips of paper, Q-tips, playdough, etc.)

Preschool Distance-Learning Choice Board: March 31st-April 2nd, 2020

- Each preschool day, choose one activity to complete under each domain of development (Social, Mathematics, Language/Literacy, Motor)
- Place a check on the activities once completed

Language/Literacy	Motor
Caregiver begins a story such as “once upon a time” ... then stops. Student adds to the story... then stops. Take turns going back and forth until it is complete!	Student will crunch up sheets of paper/newspaper in one hand. Then play catch with them, count them, put them on a blanket and make a parachute.
Student will first clap the syllables in the names of each member of their family. The caregiver can then identify other objects (inside or outside) for the student to clap out the syllables.	Caregiver and student will play clapping games (loud/quiet, on knees, together, etc.) You can do it to the beat of music, count while you are clapping, spell your name or people in your family, clap out syllables of words, patterns (stomp, clap, stomp, clap)
The caregiver will write the letters of students’ first and last name on small pieces of paper; each letter written on a separate piece of paper. Student will then practice putting them in order to spell their first and last name.	Caregiver will help create an obstacle course indoors or outside- you could use chairs to run around, laundry baskets to throw something into, a broom to jump over, line up shoes and run in between them, etc.
Caregiver and student will play I Spy - e.g. “I spy an object that begins with the /b/ sound and ends with /k/. It rhymes with look. What is it?” (book)	Caregiver will help student create a car wash or toy bath- fill a container (sink, bathtub, a bucket outside) with water and toys, use containers to pour water, sponges or cloths to wash the toys, dry towels to dry them off.
Caregiver and student will make up funny rhymes for names in their family (e.g. Silly Willy).	Caregiver will give students magazines, newspapers, or junk mail and have student make a collage- cut or tear pictures, letters, numbers and (you could glue or tape the pictures onto a piece of paper or just organize them in a fun way without gluing or taping)