



2018-2019

ACTIVITY/ATHLETIC BOOKLET

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Art Club

Art Club is a studio based experience. Students will be introduced to a wide variety of techniques and process beyond the regular art class time. They will have time to focus on specific ideas they want to develop with the mentorship of the teacher.

Grades: 6, 7, 8

When does Art Club meet?

Art club meets on Mondays after school from 2:30-3:30 p.m.

Fee: \$30 per year – paid via FeePay

To join: Students should sign up with Mr. Pridie in room W186. Students may join at any time during the school year. Register on FeePay.

For more information:

Mr. Pridie at 651.351.6992 or by email at pridiej@stillwaterschools.org

Book Club

Book Club meets once a week after school for any student interested in reading for pleasure. We have book discussions, guest speakers, activities, and conversations on all things literary. Members choose books to read based on availability and interest. We try to provide copies of books as often as possible.

Grades 6, 7, 8

When does Book Club meet? Book Club meets throughout the year in Mrs. Weld's classroom E154. The first meeting takes place in late September. Students will meet one day a week until 3:30 p.m.

Fee: None

To join: Students may join at any time during the year. Register on FeePay.

For more information:

Mrs. Weld at 651.351.6928 or by email at weldl@stillwaterschools.org

Builders Club

SMS Builders Club is one of the many branches of the Builders Club service and leadership organization supported by Kiwanis. Builders Club and other Kiwanis groups can be found internationally. The club aims to create service-minded students and provide leadership opportunities for young people. Projects include food drive, winter wishes and more.

Grades 6, 7, 8

When does Builders Club meet? Builders Club will meet two times a month from 2:25-3 p.m. Once determined, the first meeting will be announced and placed on the school website.

Fee: None

To join: See club advisor or student officer. Register on FeePay.

For more information:

Stop in the Main Office and check out the SMS Builders Club website. sites.google.com/stillwaterschools.org/sms-builders-club/home

Chamber Choir

The Chamber Choir is an auditioned group of 8th grade singers. The Chamber Choir sings for concerts and at special events throughout the year. To sing in Chamber Choir, students must participate in a music program at SMS (band, choir or orchestra) and be selected for the choir through an audition process.

Grade: 8

When does Chamber Choir meet?

Chamber Choir meets daily throughout the school year during Advisory time and at 7:15 AM on Tuesdays in choir room W178.

Fee: \$65 per year – paid via FeePay

To join: Students audition for Chamber Choir in the spring of their 7th grade year with the choir director, Ms. Gilsdorf. Register on FeePay.

For more information:

Chamber Choir Director, Ms. Gilsdorf at 651.351.6935 or by email at gilsdorfs@stillwaterschools.org

Climbing Club

Climbing Club is designed to extend and build upon the classroom climbing experience. It provides students with an opportunity to expand and strengthen their climbing skills and knowledge of climbing. The students will have the opportunity to try new climbing techniques, planning routes, and create new challenges under the guidance of Mr. Olson, the Climbing Club advisor and Physical Education Teacher.

Grades: 6, 7, 8

When does Climbing Club meet?

Climbing Club meets on Fridays after school from 2:30-4:00. Climbing club will only meet during the winter season from November to January.

Fee: \$10 per year

To Join: Students should sign up with Mr. Olson on one of the meetings days. The first meeting will be announced in October. Students may join at any time during the school year. Register on FeePay prior to attending first session.

For more information:

Mr. Olson at 651-351-6969 or olsona@stillwaterschools.org

Dungeons & Dragon Club

The club is a place for D&D enthusiasts to meet and play/discuss their interest in all things D&D.

Grades: 6, 7, 8

When does D&D Meet?

D&D Club meets on Mondays after school from 2:30-4:00 p.m. in Mr. Mentz's classroom (E138).

Fee: None

To join: Register on FeePay.

For more information:

Mr. Mentz at 651-351-8903 or mentzc@stillwaterschools.org

GSA – Gay Straight Alliance

GSA (Gender-Sexuality Alliance) is a club for all students. We focus on educating others, being allies and advocates for LGBTQ+ equality and inclusion, and working to make our school and our world a better place for all people

Grades: 6, 7, 8

When does GSA Meet?

GSA will meet after school every other Tuesday in room W187. That day will be decided upon at the beginning of the school year. Announcements will be made.

Fee: None

To join: Students should see Ms. Beadle in room W187 to join the club. Students can join at any time throughout the year.

For more information:

Club Advisor, Ms. Beadle at 651.351.6920 or beadle@stillwaterschools.org sites.google.com/stillwaterschools.org/sms-gsa/home

Jazz Lab

The "Tuesday Jazz Lab" is an extra-curricular music ensemble that meets before school on TUESDAYS from 7:20 to 7:50 a.m. This ensemble introduces jazz and rock styles and improvisation. This is also a great ensemble for students who wish to play a second instrument (or "double"). The class is open to any Band or Orchestra student grades 6-8.

Grades: 6, 7, 8

When does Jazz Lab meet? Jazz Lab typically meet every Tuesday morning 7:20 a.m.-7:50 a.m. from October 1st to May 1st in the band room. (However meeting times will vary so it is best to check Mr. Walk's website)

Fee: \$65 co-curricular fee

To join: Sign up with Mr. Walk in room W177 AND register on FeePay.

For more information:

Mr. Walk at 651-351-6971 or walkm@stillwaterschools.org. sites.google.com/site/sjhsbandsmrwalk/sjhs-jazz-ensembles

Math League

The Math Club is designed for any student who is interested in completing math exercises. If there is enough interest, students may compete as a team against other schools. Club members learn faster ways to solve problems. They also discuss math applications for the real world. Math Club is not intended to provide homework help. The Math Club competes in the Minnesota Mathematics League and competitions consist of both individual and team events.

Grades: 6, 7, 8 and 4/5 GATE

When does Math Club meet? Math Club begins in the fall and continues through February. The club meets Mondays, 2:20-3:30 on practice days and 2:20-5:30 on competition days

Fee: \$65 paid via FeePay

To join: Math Club, students should sign up with the Advisor. Students may join at any time. Register on FeePay.

For more information:

Club Advisor, Tom Sebo at 651.351.6989 or sebot@stillwaterschools.org

National Junior Honor Society

The National Junior Honor Society (NJHS) is the nation's premier organization established to recognize outstanding middle level students. More than just an honor roll, NJHS serve to honor those students who have demonstrated excellence in the areas of Scholarship, Leadership, Service, Character and Citizenship. These characteristics have been associated with membership in the organization since its beginning in 1929. To qualify for membership a student must earn a cumulative grade point average of 3.75 and exemplify the qualities listed above. NJHS activities focus on providing leadership and service to others.

**Grades: 6, 7, 8
with a cumulative GPA of 3.75 or more**

When does NJHS meet? NJHS meetings are held on the first Wednesday of each month during advisory period. A schedule of NJHS activities can be accessed on the NJHS web site.

Fee: None

To join: All students who have a cumulative GPA of 3.75 at the end of the first semester may apply for membership. Register on FeePay.

For more information:

**Club Advisor, Mrs. Heller at 651.351.6903 or hellerd@stillwaterschools.org
sites.google.com/stillwaterschools.org/smsnjhs**

Newspaper Club

Newspaper Club is a year-long program which offers writing and artistic opportunities to all students interested in publications. Members choose their own assignments and may work independently, in pairs, or in small groups. Social events and celebrations make this a fun club.

Grades: 6, 7, 8

When does Newspaper Club meet?

Newspaper Club meets throughout the year in room E150. The first meeting takes place in late September. Students will meet one day a week until 3:30 p.m.

Fee: None

To join: Students should sign up with Mr. Warnert in room E150. Students may join at any time during the year. Register on FeePay.

For more information:

**Club Advisor, Mr. Warnert at 651.351.6984 or warnertj@stillwaterschools.org
sites.google.com/stillwaterschools.org/the-pony-train**

Science Club

Science club is for all junior high school students who are inquisitive, fun-loving, hard-working, and interested in getting their hands into the science of our world. Some of the club's activities include learning how to use a camera, developing film, testing boats, building paper air planes, design t-shirts, tie dying t-shirts, cooking, and much more!

Grade: 6, 7, 8

When does Science Club meet? Science club meets once a week from February to June. Typically the club will meet from 2:35 to 4:15 in room E130.

Fee: \$65 paid via FeePay

To join: Information will be provide to all student in their science classes. Students may also sign up directly with Ms. Christopher (E151). Register on FeePay.

For more information:

Club Advisor, Mrs. Christopher at 351.6987 or christopherj@stillwaterschools.org

Ski Club

The Ski Club is designed to provide students with an opportunity for winter recreation and physical activity. Ski trips are coordinated with Afton Alps Ski Area. Afton Alps offers lessons from beginners through masters and provides equipment rental.

Grades: 6, 7, 8

When does Ski Club meet? Ski Club meets for six weeks in January and February on Mondays from 3:00-8:30 p.m. Students meet at SMS and are taken to and from Afton Alps by Bus.

Fee: The fee changes every year. Fees usually range between \$175 - \$250. This fee includes transportation costs, club membership fee, lift ticket and lessons. Students who need to rent equipment can purchase this service separately through Afton Alps. Paid via FeePay.

To join: Registration for Ski Club will be open on FeePay from November 1 to November 20. All students must register through the FeePay system. Registration will require a permission slip, completed via FeePay, and immediate payment upon check out. Ski Club is limited to the first 150 students who complete the registration process. Register on FeePay.

For more information and to register:
Terri Christianson at 651.351.6980
or christiansont@stillwaterschools.org

SMS – Pony Power & Performance

The SMS Pony Power & Performance program is an introduction and instructional program that differs from the summer strength and speed program. This is open to all students entering grades 6-8 who are interested in conditioning, strengthening or athletic improvement. Multiple programs are created to develop the beginning middle school and high school athlete through the experienced varsity athlete. A certified (CSCS) instructor will work with each student to provide the best and most appropriate individualized program. This is designed for all levels and abilities. All PPP participants will receive a t-shirt. Please specify t-shirt size when registering.

o Pony Power & Performance Components:

- Games & challenges for fun and enjoyment, individual & team competitions, Pony of the week, personal goal (club) challenges, individualized conditioning programming, physical activity and physical fitness, strength & power lifting instruction and technique, nutrition instruction and monitoring, motivation and positive environment to build self-esteem.

Grades: 6, 7, 8

When does Pony Power & Performance meet? The program meets for 15 weeks from November 13th through March 1st. Monday through Thursday from 2:45-4:15 p.m. in the SMS weight room.

Fee: \$40 per student

To Join: Students are allowed up to two sessions without charge to experience and view the program. To participate, students must be registered and complete an introduction to the program. Students may join at any time during the fall/winter session. Pay fee and register on FeePay.

For more information:
Club Advisor, Andy Olson at 651.351.6969 or olsona@stillwaterschools.org

Stock Market Club

In Stock Market Club, students are given an imaginary \$100,000 to invest. The transactions that students make match the actual stock market values of the individual stocks. Students compete on teams in stock market clubs across the state; in past years, the winning state team received a complementary trip to New York City to visit Wall Street. Top state teams also attend a reception hosted by Minnesota business leaders. Stock Market Club provides a fun and entertaining experience for students while, at the same time, allows students to learn some important lessons about investing.

Grades: 6, 7, 8

When does Stock Market Club meet? Stock Market Club lasts for 14 weeks running from January through April. The club meets once a week on Thursdays after school from 2:40-4:30 PM in room E135.

Fee: varies every year

To join: Students may join anytime up until the middle of the game, usually in mid February. Register on FeePay.

For more information:
Club Advisor, Mr. Mike Ryan at 651.351.6957 or ryanm@stillwaterschools.org

Virtual Synergy/Geek Girls

The Virtual Synergy club brings students of all abilities together to explore the world of emerging technology and design. Students will learn about coding, robotics, engineering and so much more! The club is student lead and is open to all SMS students. Virtual Synergy club follows the direction in which the students take it!

Grades: 6, 7, 8

When does Virtual Synergy meet?

Virtual Synergy will typically meet on Tuesday/Friday from 2:30-4:30 p.m. in room W189.

Fee: \$25

To join: Students should see the club advisor to join Virtual Synergy. Register on FeePay.

For more information:

**Julie Balfanz at 651-351-6946 or balfanzj@stillwaterschools.org
Chris Fahey at 651-351-6982 or faheyc@stillwaterschools.org**

VISIONS Magazine

VISIONS is the official literary and arts magazine of Stillwater Middle School. Students in grades six through eight are encouraged to submit original poetry, short stories, essays, drawings, paintings, photographer, etchings, and any other literary or artistic work they would like to have considered for publication.

VISIONS invites student volunteers to assist in selecting items for publication. Opportunities in the areas of editing, page design, and product development also exists.

Grades: 6, 7, 8

When does VISIONS meet?

VISIONS contributors and volunteers will meet after school as needed. VISIONS is published every other school year, though contributions are accepted anytime.

Fee: None

To join: Students should sign up with Ms. Beadle in room W187 or Mr. Warnert in E150. Request for volunteers will be announced.

For more information:

**Megan Beadle at 651.351.6920 or beadlem@stillwaterschools.org
Jon Warnert at 651.351.6984 or warnertj@stillwaterschools.org**

WEB

WEB, which stands for "Where Everybody Belongs", is a middle school orientation transition program that welcomes 6th/7th graders and makes them feel comfortable throughout the first year of their middle school experience. Built on the belief that students can help students succeed, the program trains mentors from the 8th grade class to be WEB Leaders. As positive role models, WEB Leaders are mentors and student leaders who guide the 6th/7th graders to discover what it takes to be successful during the transition to middle school and help facilitate 6th/7th grade success.

Grade: 8

When does WEB Meet? WEB Leaders meet for two days of mandatory training in August before school begins. They then meet with small groups of 6th/7th graders throughout the year to lead activities and discussions to help assure their transition to the middle school is as successful as possible.

Fee: None

To Join: 7th grade students apply to be a WEB Leader. They can pick up an application in the office or from Mr. Getchell in the spring of their 7th grade year. A panel of teachers and administrators look for a diverse cross section of student leaders. Applying to be a WEB Leader does not automatically mean you will be selected. Register on FeePay.

For more information:

Club Advisor: Mr. Getchell at 651-351-8922 or gethellc@stillwaterschools.org

Yearbook Committee

The Yearbook Committee's primary purpose is to produce a 96-page book representing classes, staff, activities, and sport at SMS. Each year, yearbook students choose a theme, which is carried throughout the book in artwork, headlines, and copy. They receive hands-on experience in photography, layout design, interviewing, writing copy, proofreading, and especially, in working together. The Yearbook Committee also meets with the yearbook publishing company representative monthly to check deadlines.

Grades 6, 7, 8

When does the Yearbook Committee meet? The Yearbook Committee meets throughout the entire school year.

Announcements will be made for the first meeting time.

Fee: None

To join: Register on FeePay and see Mrs. Tomten in room E139

For more information:

Mrs. Tomten at 651-351-6983 or tomtene@stillwaterschools.org



2018-2019 SMS Athletics

Participation in activities plays an important role in academic, social, and emotional growth of students. There is no question that activities play a powerful role in shaping a positive school culture.

Welcome to SMS Intramural Sports

*Stillwater Middle School has a **rich tradition** of successful athletic teams. Stillwater Middle School is **committed to developing quality young people** for life. We pride ourselves on the fact that these programs stress passion, commitment, character, toughness and intelligence.*

ON-LINE REGISTRATION OPENS

WEDNESDAY, JULY 25, 2018

<https://stillwater.feepay.com/>

HOW TO:

<http://www.stillwater.k12.mn.us/schools/junior-high-schools/stillwater-junior-high-school/activities-athletics-and-clubs/athletics>

FOR MORE INFORMATION

<https://stillwaterschools.org/schools/junior-high-schools/stillwater-middle-school>

Select: Athletics

SMS offers intramural sports in an effort to provide students with a **fun and safe option for exercise**. Intramurals are for **recreational** purposes only.

Intramurals will consist of three day tournaments. Intramurals will be held from 2:40-5:00 on the dates listed below. There is a maximum of 8 players per team. One team member will register the entire team on FeePay. Team rosters must be submitted to the main office **BEFORE** the start of each tournament. Champions will win a prize.

	Intramural Sport	Dates	Fee
Fall	Co-Ed Kickball	Sept. 7, 14, 21	\$25/team - Max of 8
	6 th Volleyball (Girls)	Oct. 26, Nov. 9, 16	\$25/team - Max of 8
Winter	Dodgeball	Dec. 7, 14, 21	\$25/team - Max of 8
	Floor Hockey	Jan. 11, 18, 25	\$25/team - Max of 8
Spring	Basketball (3 v 3)	Feb. 8, 15, 22	\$25/team - Max of 8
	6 th Basketball (Boys)	Apr. 5, 12, 26	\$25/team - Max of 8

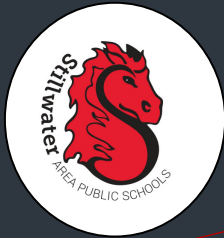
Nobody Outworks a Pony

523 West Marsh Street
Stillwater, MN 55082
651.351.6905

STILLWATER MIDDLE SCHOOL ATHLETICS

Ralph Halvorson, Athletic Coordinator
halvorsonr@stillwaterschools.org

Danielle Heller, Admin. Asst.
hellerd@stillwaterschools.org



2018-2019 SMS Athletics

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Welcome to Stillwater Middle School Sports

ON-LINE REGISTRATION OPENS

WEDNESDAY, JULY 25, 2018

<https://stillwater.feepay.com/>

HOW TO:

<https://stillwaterschools.org/schools/junior-high-schools/stillwater-junior-high-school/activities-athletics-and-clubs/athletics>

MSHSL SPORTS QUALIFYING PHYSICAL EXAMINATION FORMS:

<http://www.mshsl.org/mshsl/publications/code/forms/PhysicalExam.pdf?ne=5>

ATHLETIC GAME SCHEDULES:

<http://suburbaneast.org/public/genie/19/school/6/>

FOR MORE INFORMATION

<https://stillwaterschools.org/schools/junior-high-schools/stillwater-middle-school>

Select: Athletics

	START	SPORT	FEE
FALL	8.29.18	Tennis (G) (6-7-8)	\$75/\$110
		Soccer (B) (6-7-8)	\$75/\$110
		Soccer (G) (6-7-8)	\$75/\$110
		Cross Country (6-7-8)	\$75/\$110
		Volleyball (G) (7-8)	\$75/\$110
		Swim & Dive (G) (6-7-8)	\$75/\$110
WINTER	10.29.18	Basketball (G) (6-7-8)	\$75/\$110
		Wrestling (B) (6-7-8)	\$75/\$110
	1.2.19	Basketball (B) (8)	\$110
	1.29.19	Basketball (B) (7)	\$75
SPRING	4.1.19	Track & Field (6-7-8)	\$75/\$110
		Tennis (B) (6-7-8)	\$75/\$110
		Baseball (B) (7-8)	\$75/\$110
		Softball (G) (6-7-8)	\$75/\$110

Stillwater Middle School has a **rich tradition** of successful athletic teams. Stillwater Middle School is **committed to developing quality young people** for life. We pride ourselves on the fact that these programs stress passion, commitment, character, toughness and intelligence.

Before you begin the Registration Process please read the following:

- Students must have a current Sports Qualifying Physical Examination form on file in the Stillwater Middle School nurses office to be eligible to participate.
- Physical exams expire three years from the date of the exam.
- You will not be able to register for an activity if the expiration date occurs during the season for which you are registering.

3 Ways to submit your physical exam form:

E-mail to: hellerd@stillwaterschools.org

Fax to: 651-351-6999

Mail to: Stillwater Middle School, 523 W. Marsh Street, Stillwater, MN 55082, Attn: Physical Exam

On-Line Registration Deadline: 10 days after the first day of practice.

Refunds: No Refunds after the fifth day of practice.

Nobody Outworks a Pony

523 West Marsh Street
Stillwater, MN 55082
651.351.6905

STILLWATER MIDDLE SCHOOL ATHLETICS

Ralph Halvorson, Athletic Coordinator
halvorsonr@stillwaterschools.org

Danielle Heller, Admin. Asst.
hellerd@stillwaterschools.org