



## 2018-2019 Oak-Land Athletics

Participation in activities plays an important role in academic, social, and emotional growth of students. There is no question that activities play a powerful role in shaping a positive school culture.

# Welcome to Oak-Land Middle School Sports

## ON-LINE REGISTRATION OPENS

WEDNESDAY, JULY 25, 2018

<https://stillwater.feepay.com/>

### MSHSL SPORTS QUALIFYING PHYSICAL EXAMINATION FORMS:

<http://www.mshsl.org/mshsl/publications/code/forms/PhysicalExam.pdf?ne=5>

### FOR MORE INFORMATION

<https://stillwaterschools.org/schools/junior-high-schools/oak-land-junior-high/activities-and-athletics/athletics>

Select: Athletics

	START	SPORT	FEE
FALL	8.29.18	Tennis (G) (6-7-8)	\$75/\$110
		Soccer (6-7-8)	\$110
		Cross Country (6-7-8)	\$75/\$110
		Volleyball (G) (7-8)	\$75/\$110
		Swim & Dive (G) (6-7-8)	\$75/\$110
WINTER	10.29.18	Basketball (G) (6-7-8))	\$75/\$110
		Wrestling (B) (6-7-8)	\$75/\$110
	1.2.19	Basketball (B) (8)	\$110
	1.23.19	Basketball (B) (7)	\$75
SPRING	4.1.19	Track & Field (6-7-8)	\$75/\$110
		Tennis (B) (6-7-8)	\$75/\$110
		Baseball (B) (7-8)	\$75/\$110
		Softball (G) (6-7-8)	\$75/\$110

**Oak-Land Middle School** has a **rich tradition** of successful athletic teams. Oak-Land Middle School is **committed to developing quality young people** for life. We pride ourselves on the fact that these programs stress passion, commitment, character, toughness and intelligence.

Before you begin the Registration Process please read the following:

- Students must have a current Sports Qualifying Physical Examination form on file in the Oak-Land Middle School nurses office to be eligible to participate.
- Physical exams expire three years from the date of the exam.
- You will not be able to register for an activity if the expiration date occurs during the season for which you are registering.

**3 Ways to submit your physical exam form:**

**e-mail to:** zilles@stillwaterschools.org

**Fax to:** 651-351-8505

**Mail to:** Oak-Land Middle School, 820 Manning Ave. No., Lake Elmo, MN 55042, Attn: Physical Exam

**Deadline for submitting physical exam forms:**

Friday, July 21, 2017 to be able to register starting July 26, 2017. Exams received after July 21, 2017 will be entered as they come in.

**On-Line Registration Deadline:** 10 days after the first day of practice.

**Refunds:** No Refunds after the fifth day of practice.

## Nobody Outworks a Pony

820 Manning Avenue North  
Lake Elmo, MN 55042  
651.351.8597

## OAK-LAND MIDDLE SCHOOL ATHLETICS

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