



# From the Nurse's Office

We all know that healthy students are better able to engage in classroom learning activities, which leads to overall success. To promote a healthy learning environment, please review the 834 district "guidelines for illness". These guidelines support students who are not feeling well and protect other classmates from becoming ill.

## Stay Home Guidelines for Illness

Your student should stay home if he/she has:

- Fever of 100° F within the last 24 hours, without the use of fever reducing medication ("Tylenol" or ibuprofen type medicines)
- Diarrhea or vomiting within the last 24 hours
- Uncontrolled cough
- Mucus/sputum that is green or yellow and cannot be contained
- Strep (may return to school 24 hours after start of antibiotic)
- Chicken pox (may return when pox are crusted over)
- An open wound that cannot be covered

Please inform the health office if your child has been diagnosed by a physician with any highly contagious disease. The information will be kept confidential, but is important to prevent spread of disease.

## Contact Health office for:

- Strep
- Chicken pox or shingles
- Fifth's disease
- Head lice, even after treatment
- Influenza
- Pertussis (whooping cough)
- Impetigo
- An open wound that cannot be covered

## Contact your school's nurse with any questions.

Afton-Lakeland Elementary  
651-351-6503

Andersen Elementary  
651-351-6603

Brookview Elementary  
651-275-2518

Early Childhood Family Center  
651-351-4060

Lake Elmo Elementary  
651-351-6703

Lily Lake Elementary  
651-351-6801

Rutherford Elementary  
651-351-6402

Stonebridge Elementary  
651-351-8707

Oak-Land Middle School  
651-351-8515

Stillwater Middle School  
651-351-6913

Stillwater Area High School  
651-351-8226

